

# ABOUT US

Richmond Fellowship is a national mental health charity making recovery reality for thousands of people every year. We provide a wide range of services including residential support, supported housing, employment services, community support and crisis support.

Richmond Fellowship is now part of **Recovery Focus**, a group of charities with the shared aim to inspire individual recovery together.

## Richmond Fellowship in Surrey

Richmond Fellowship also offers supported housing, employment services and a range of community activities in Surrey. Contact us for more information on these services.



## Investors in Diversity

Proud to be accredited investors in diversity

# GET IN TOUCH

To find out more **Art Matters**, contact us:

**T:** 01737 766212 or 07786 191153

**E:** [artmatters@richmondfellowship.org.uk](mailto:artmatters@richmondfellowship.org.uk)

**A:** Art Matters, Parochial Hall, Earlswood Road, Redhill, Surrey, RH1 6HE

[www.artmatters-richmondfellowship.org.uk](http://www.artmatters-richmondfellowship.org.uk)

[www.richmondfellowship.org.uk/surrey](http://www.richmondfellowship.org.uk/surrey)

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Company Registration No. 662712

Registered Charity No. 200453

Leaflet version: 05

Due for review: Feb 2021

# ART MATTERS COMMUNITY ARTS PROGRAMME SURREY



# PROMOTING RECOVERY WELLNESS AND INCLUSION

**artmatters**  
Creativity, Mindfulness, Wellbeing

**RICHMOND  
FELLOWSHIP**   
MAKING RECOVERY REALITY

# WHAT IS ART MATTERS?

Established in 1995, Art Matters is a community arts studio and centre of wellbeing, mindfulness and growth, aiming to connect communities and provide creative pathways to recovery.

The studio offers a person-centred and supportive environment, in which people are encouraged to explore their creativity, curiosity, and develop new skills and confidence.

Individuals are encouraged to set themselves goals and take ownership of their development pathways, building on personal strengths and aspirations in a shared and inclusive environment.

Art Matters work closely with Richmond Fellowship's Community Connections services in Redhill, Reigate, Banstead and Tandridge.

Painting by Steve at Art Matters



# OUR APPROACH

At the heart of everything we do lies:

**Hope:** the belief that recovery is possible for every individual

**Respect:** valuing differences and all contributions

**Enabling:** giving people encouragement and support to achieve their goals

**Inclusion:** the belief that everyone has a right to participate fully in society.



Painting by Ed at Art Matters

**"I love Art Matters. It is unique and I feel lucky to be part of it. It has given me the opportunity to express myself in a healthy way. It gives me structure without pressure."**

Harriet, Artist

# WHO CAN APPLY

Applicants to Art Matters should be over 18, live in Surrey, experience mental health symptoms and have an interest in exploring creative opportunities.

Self referrals are welcome, as are referrals from GP practices and organisations providing services to people with a mental health diagnosis.